

Learn to Skate Hockey - Learn to Play Instructional Skating Programs

Compuware Sports Arena
14900 Beck Road
Plymouth, MI 48170
Phone: (734) 453-6400

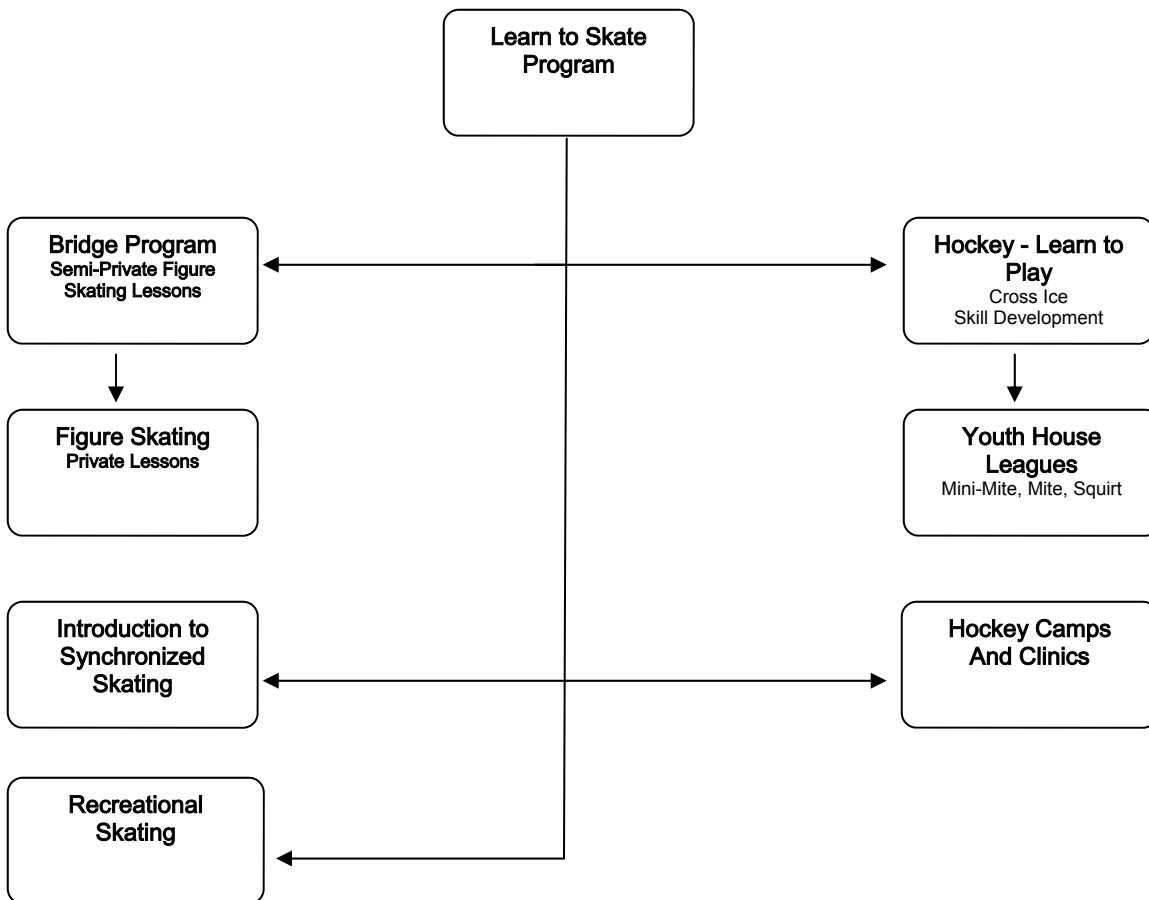
Skating Director: Susan Bottrell
Phone: (734) 453-6400 ext. 62520



Learn to Skate Program Overview

U.S. Figure Skating Basic Skills Program has been developed as a beginning ice skating program that is challenging and rewarding—but most of all fun. Participation in the program will enable skaters of all ages and abilities to learn the fundamentals of ice skating while teaching them the skills necessary to advance to a competitive or recreational figure skating or hockey program.

Learn to Skate classes meet once a week. Each class is grouped by skating level and includes a 25 minute lesson and 25 minutes of supervised practice time. Instructors include Compuware Sports Arena Professionals and players from the Plymouth Whalers hockey team (when available).



Learn to Skate - Skating Level

Snowplow Sam for Tots

Ages 3 to 5 are placed into the USFS Snowplow Sam program. This program is designed to help preschool age children develop the preliminary coordination and strength necessary to maneuver on skates. Snowplow Sam has three progressive levels that will help the young skater develop confidence while experiencing success with his or her beginning skating.



Hockey 1 through Hockey 5

Beginner skaters, ages 6 to 14, are introduced to the basic hockey skating techniques. Each class session and level following Hockey 1 is progressive, building upon skills taught in the previous level. These classes are designed for participants that would like to move into our Hockey Learn to Play program. Full equipment is required.



Basic 1 through Basic 8

Beginner skaters, ages 6 to 14, are introduced to the basic skating techniques in a safe and controlled environment. Each class session and level following Basic 1 is progressive, building upon skills taught in the previous level.



Adult 1-4

Instruction in recreational skating. Each class session is designed to promote physical fitness, improve balance and coordination while learning proper skating techniques.



Bridge Program

This program is designed to be a "bridge" between Learn to Skate classes and Private Lessons. Skaters will receive a 30 minute on-ice semi-private lesson in which they will rotate between two instructors. The curriculum includes components such as stroking and edges, power skating, introductory moves-in-the-field, spins, jumps and introductory dance. The class is open to Basic 6 through Preliminary Freestyle levels. Based on the number of students who sign up for the classes, the skaters will be broken up into similar levels. The maximum ratio for students to instructor is 5:1. During the year, a parent's seminar will be held during class time where parents can learn and ask questions about topics such as figure skating testing structure, transitioning into private lessons and selecting a coach.



Introduction to Synchronized Skating

This program is a fun introduction to the five basic elements of the discipline; circle, line, block, wheel, and intersection/transition. In addition, the classes familiarize the skaters with elementary holds, formations and transitions. The class is open to Basic 6 through Preliminary Freestyle levels. Skaters will receive a 50 minute group lesson once a week.



Getting Started in Learn to Skate

What to wear:

Dress warmly, but allow for freedom of movement.

Mittens or gloves should be worn.

Skate rental is available.

New skates need to be sharpened before the first day of class.

Make sure skates are securely tied. Laces should be snug through the ankle area, but allow for some flexibility.

Helmets are mandatory for skaters. Helmet rental is available.

Where to meet:

All skaters, except Snowplow Sam 1, should line up against the boards to get on the ice.

Snowplow Sam 1 skaters will meet off-ice for the first two weeks before going on the ice. Skaters should be ready with skates and proper attire.

During Class

Parents are asked to watch from the stands or from the main concourse.

Parents are asked to not stand in the area by the ice rink doors or open the ice rink doors during class times.

Parents are not permitted to stand by the player's benches.

Parents should not pick up skaters and carry them with their skates on.

Practice ice is available for class participants only. **Parents and siblings are not allowed on the ice.**

Evaluations

Skaters are evaluated on the last week of each session. They will receive an evaluation form marking their progress.

When a skater completes a level, badges are available from the skating director for \$1.00.

Program Benefits

- Family discounts
- US Figure Skating registration (\$7.50 annual fee)
- Basic Skills Record Book
- Two complimentary passes to a public skate session
- Complimentary ticket to a Plymouth Whalers' hockey game

Learn to Skate-Session Dates, Times and Prices

Fall September 12 - October 28, 2006

Tuesday	10:10-11:00 am	1:10-2:00 pm	
Wednesday	5:10-6:00 pm		Price: \$88
Thursday	10:10-11:00 am	1:10-2:00 pm	7 Week Session
Saturday	10:40-11:30 am		

Winter I October 31 - December 23, 2006

Tuesday	10:10-11:00 am	1:10-2:00 pm	
Wednesday	5:10-6:00 pm		Price: \$88
Thursday	10:10-11:00 am	1:10-2:00 pm	7 Week Session
Saturday	10:40-11:30 am		No classes the week of Nov. 19th.

Winter II January 9 - March 3, 2007

Tuesday	10:10-11:00 am	1:10-2:00 pm	
Wednesday	5:10-6:00 pm		Price: \$100
Thursday	10:10-11:00 am	1:10-2:00 pm	8 Week Session
Saturday	10:40-11:30 am		

Spring I March 6 - April 28, 2007

Tuesday	10:10-11:00 am	1:10-2:00 pm	
Wednesday	5:10-6:00 pm		Price: \$88
Thursday	10:10-11:00 am	1:10-2:00 pm	7 Week Session
Saturday	10:40-11:30 am		No classes the week of April 8th.

Spring II May 8 - May 31, 2007

Tuesday	10:10-11:00 am	1:10-2:00 pm	
Wednesday	5:10-6:00 pm		Price: \$50
Thursday	10:10-11:00 am	1:10-2:00 pm	4 Week Session
Saturday	10:40-11:30 am		

Bridge Program

Saturday	11:10-12:00 pm	Fall, Winter I, II, Spring I	Price: \$126
			7 Week Session

Introduction to Synchronized Skating

Sunday	1:00 pm	Fall, Winter I, II, Spring I	Price: \$126
			7 Week Session

Hockey Learn to Play

Skating Director: Susan Bottrell
Phone: (734) 453-6400 ext. 62520

Cross-Ice Practicing and Playing

The USA Hockey Cross-Ice instructional program is based on a model of practicing and playing hockey across the ice surface as compared to practicing and playing lengthwise along the full length of the ice surface. This program is designed to be the natural progression from Learn to Skate (Hockey 1 - Hockey 5) to the Compuware House League.

Program Objectives

- To learn the basic skills required to play the game of hockey.
- To develop an understanding of basic teamwork through participation in a variety of activities and adapted game situations.
- To have fun while playing hockey and engaging in physical activity.
- To create and refine basic motor skills.
- To be introduced to the concepts of cooperation and fair play.

Program Benefits

- Group sizes become smaller which means learning and teaching will become more effective.
- Playing on a smaller rink results in increased puck possession time for each player.
- The feeling of being an important part of the action increases because of the size of the rink.
- Hockey sense, or understanding the principals of the game, is being developed at a young age.
- Children who begin their hockey training in this environment have an outstanding hockey experience.



Program Description

Players of all ages will be evaluated by instructors during the first class and divided into two or three groups based on number of participants, skill level and age. Full hockey equipment is required. Each class meets once a week and is 50 minutes.

Instructors include players from the Plymouth Whalers (when available) and Compuware Sports Arena Professionals. The role of the instructor is to emphasize skill development-skating, stick handling, passing and shooting. Creating a sense for the game in a fun environment.

Every player will receive a jersey and two complimentary passes to a Stick and Puck public session.

Hockey Learn to Play-Session Dates, Times and Prices

Summer August 1 - August 24, 2006

Tuesday	4:40-5:30 pm	Price: \$50 4 Week Session
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Fall September 13 - October 25, 2006

Wednesday	6:10-7:00 pm	Price: \$88 7 Week Session
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Winter I November 1-December 20, 2006

Wednesday	6:10-7:00 pm	Price: \$88 7 Week Session <i>No class the week of November 22nd.</i>
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Winter II January 10-February 28, 2007

Wednesday	6:10-7:00 pm	Price: \$100 8 Week Session
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Spring I March 7 - April 25, 2007

Wednesday	6:10-7:00 pm	Price: \$88 7 Week Session <i>No class the week of April 11th.</i>
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REGISTRATION POLICIES:

Please read details carefully:

Choose your desired classes and complete the registration form. Please print.

1. Parent or guardian information.
2. Participant first and last name and birth date.
3. Fill in your program selections and cost on the registration form. If a discount applies, please deduct the appropriate amount from the subtotal. One registration form must be completed for each family. Anyone wishing to be in a class with another individual should submit their forms attached together.
4. Attach a check or money order payable to Gale Force Sports and Entertainment for the full amount. Please do not attach cash. Visa, MasterCard and American Express are also accepted.
5. Before your registration is complete, *the waiver must be signed by a parent or legal guardian* for any children under 18 years, and by any adult participating in a program. Participation in any program cannot begin until the waiver is signed.
6. Anyone not admitted to a class will be notified by phone. If you are not admitted, you will receive a full refund.
7. Cancellations made prior to the first class are charged a \$15 administrative fee. Cancellations made after the first class will receive 50% of class fee. **No refunds after the second class.**
8. No make up classes. Each participant will receive two complimentary passes to a public session.
9. Each individual enrolling in the Learn to Skate program must pay an annual (September- August) membership fee of \$7.50 to US Figure Skating.

Learn to Skate/Learn to Play Discounts:

- **Family Discount** - Receive a \$10 discount for each additional family member that registers. Registrations must be received together.
- **Multiple Class Discount** - Participants registering in two or more classes or two or more sessions will receive a \$10 discount on each of the additional classes/sessions.

Discounts cannot be combined. The largest discount will be applied.

Parent or Guardian Information

☐ Check here if this is a new address or phone number.

Full Name _____

Address _____

City _____

State _____

Zip _____

Home Phone _____

() _____

Cell Phone _____

() _____

Email Address _____

Participant (First and Last Name)	Birth Date (MM/DD/YY)	Class Name	Session (Fall/Winter/Spring)	Day	Time	Cost
						\$
						\$
						\$
						\$

Method of Payment

☐ Check or money order enclosed

☐ Visa

☐ MasterCard

☐ American Express

Card Number _____

Exp. Date _____

Cardholder Name _____

Subtotal	\$
Less Discounts	\$
USFS Annual Fee (\$7.50)	\$
Total	\$

Gale Force Sports and Entertainment Waiver & Release Of All Claims

Please read this information carefully and be aware that in signing up and participating in any program, as indicated on this form, you will be waiving and releasing all claims for injuries you or your child might sustain arising out of that program.

"As a participant in the program, I recognize and acknowledge that there are certain risks of physical injury. I agree to assume the full risk of any injuries, including death, damages or loss which I may sustain as a result of participating in any and all activities connected with or associated with such program. I agree to release and forever discharge Compuware Sports Arena, LLC, Compuware Sports Corporation, Gale Force Sports and Entertainment, LLC, and Gale Force Holdings, LP, their respective parent and affiliated companies and their respective successors and/or assigns (collectively called "Compuware"), of and from all actions, causes of action, suits, debts, dues, sums of money, accounts, covenants, contracts, agreements, promises, damages, judgments, claims and demands whatsoever, in law or in equity, which I ever had and/or may now have and/or may in the future against Compuware and any and all alleged injuries incurred by the Participant, and/or the Participant's heir while the Participant is ice skating at the Arena."

Signature _____ Signature Date _____

This waiver must be signed by the participant, or a parent/legal guardian if the participant is under 18 years old.

Gale Force Sports and Entertainment 14900 Beck Road, Plymouth, MI 48170
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